

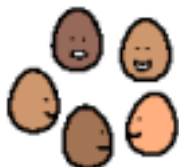


## Information for Whānau/Parents/Caregivers about the Kimi Ora Therapy Services



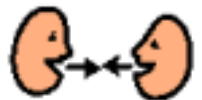
### Values & Philosophy

- Developing functional independence to live a full life.

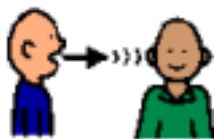


### Accessing Therapy Support

- All rangatahi/ young people who attend Kimi Ora have access to support from the Therapy Services.



- Therapy services can include Physiotherapy, Occupational Therapy, Speech and language Therapy and Psychology.



- Individual therapy support will be discussed during the IEP/ITP meeting where progress and future goals are discussed.



- If additional support needs are identified this can be discussed with the class teacher or therapist.

### Information about your Rangatahi

- All documentation is stored on the secure school network in digital files.
- You are welcome to access these files at any time and may contact Sharon Scott (HOD of Kimi Ora Department) to arrange this.

**Ehara taku toa i te toa takitahi Engari, he toa takitini**

*Success is not the work of one, but the work of many*



## Assessment & Intervention

- Assessment is a critical part of the therapy process and is used to inform collaborative goal setting during IEP/ITP meetings. It is also used as a way to measure success and outcomes for your young people.
- Assessments may include: formal and informal assessments, observations, discussion with whānau/parents/caregivers, and school staff members.
- Intervention may include: Class support, 1:1 individual sessions, resource development help young people access learning, training and skill development for whānau/parents/caregivers and school staff.
- Therapy is always a collaborative program with school staff.

## Concerns

- If you have any concerns about a service your young person has received please contact Sharon Scott (HOD of Kimi Ora Department) to discuss your concerns in confidence.
- You have the right to withdraw consent or decline therapy services at any point of the therapy process. Please discuss this with the therapist or Sharon Scott (HOD of Kimi Ora Department) if required.

## Meet our Specialists

Anne Bridgman

[anne.bridgman@papanui.school.nz](mailto:anne.bridgman@papanui.school.nz)

Kaiwhakaora Ngangahau /Occupational Therapist

Ph: 0275222789



Anne is a UK trained Occupational Therapist who has worked in specialist education since 2004.

Anne has worked in many educational settings in Christchurch including; Waitaha Specialist School, Ferndale Specialist School and working with the RTLB service to support neurodiverse students in mainstream primary schools. Anne has worked in the Kimi Ora department since 2009

Anne's role in the Kimi Ora Department is to work with student's, their families and staff to promote:

- Engagement with learning
- Emotional regulation
- Development of the physical skills that are essential to function well
- Development of essential life skills
- Self advocacy

Over recent years Anne has been part of a team supporting Kimi Ora Students prepare for and participate in work experience placements. This has been an exciting development !!!

Anne is married to Chris and they have three adult children. Her passions are tramping and running.

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**Kate Wallace**

[kate.wallace@papanui.school.nz](mailto:kate.wallace@papanui.school.nz)

Kairomiromi/Physiotherapist  
Ph. 0212304560

Kate trained as a Physiotherapist in the UK and moved to NZ nearly 20 years ago, happily making Aotearoa home. Kate has a wide range of experience in the public and education sectors, covering multiple aspects of health and wellbeing. Kate has a neurodiverse son, Monty who is now 11 and husband David. Passions include adventure racing, mountain biking and horse riding. She has been a part of the Kimi Ora whānau for about 10 years and can often be found in the pool or the gym with students.

Kate is keen to support all students to find a physical activity that works for them. Health and wellbeing are fundamental in life after school and Kate drives to promote physical activity into daily routines. Kate can support students with developing their strength and balance, managing their physical limitations, addressing sensory needs and much more. Kate describes herself as a coach, getting alongside the student and family on their journey in Papanui High School.



**Alysia Cotter**

[alysia.cotter@papanui.school.nz](mailto:alysia.cotter@papanui.school.nz)

Kaitautoko Kōrero/ Speech Language Therapist

Ph. 021 253 0092

Alysia has been a Speech Language Therapist for 24 years - working in the education sector mostly with students who have ORS funding and have a wide variety of communication disorders. It certainly hasn't been work but a passion helping so many students on their individual journeys to access alternative and augmentative communication systems, and develop visual tools and strategies to ensure they have a voice, organise themselves and access learning/literacy.

Communication is a basic human right, competency when communicating is the long term goal for students to be able to express all the different types of messages they need to in order to be autonomous, safe and part of everyday life as they transition into adulthood and life after school.

Alysia has been part of the Kimi Ora whānau for 5 years and has worked to assess and support students with social skills programmes, curriculum adaptation/literacy supports, assistive technology, and developing customised communication tools for individuals. Coaching and educating staff and whānau is the key to success and a priority in how Alysia works within the department to ensure generalisation of strategies - communication happens 24/7 and overarches everything!

Alysia is married with two teenagers of her own and lives in beautiful Diamond Harbour. Favourite things to do range from outdoor adventures including tramping and boating to reading and all things foodie!

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**Rose Brown**

[bsr@papanui.school.nz](mailto:bsr@papanui.school.nz)

Kaimātai Hauora Hinengaro / Educational Psychologist

Ph: 0223008948

Rose has over 25 years experience in special education. She began her career as a school teacher in mainstream and special classes (as they used to be known). In 1999 Rose moved to the Ministry of Education, working as a Special Education Advisor in schools while completing her Ed Psych Training. She registered as an Educational Psychologist in 2007. Rose is a keen vegetable gardener and has recently joined Parkrun on Saturday with some of the Kimi Ora staff and students. At home she loves fostering SPCA rescue cats and kittens till they are ready for their forever homes, ably assisted by Onyx, her own rescue kitten.

Rose's approach as an Ed Psych is grounded in the belief that children thrive when educational and therapeutic interventions are integrated into their broader social networks and support systems. She focuses on empowering the team surrounding a child, whether they have disabilities, learning difficulties, or challenging behaviours. This team includes families, schools, early childhood providers, and social agencies, all working collaboratively to support students in achieving success both at school and home.

As the Educational Psychologist in Kimi Ora, Rose collaborates closely with teachers and therapists to support students in their education. Teachers typically discuss any concerns with parents before referring students to Rose. Rose can help with classroom behaviour plans, adaptations to the curriculum, implementing IEP goals, or other issues that may arise. Typically Rose completes an initial assessment to clarify the situation, works collaboratively with whānau and the school team to develop a plan, and supports the teaching team to implement it. Alongside the rest of the Therapy Team Rose provides training and professional development for the Kimi Ora staff on a regular basis, and regularly liaises with them to provide more informal support when necessary.

***“Giving students what they need to **SUCCEED**”***

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